

Hysteroscopy - *Post procedure instructions*

Telephone number to call in case of emergency 24hr/7days: (408) 291-8734

General instructions

- Take all medications as instructed by your doctor. .
- Do not drive or operate heavy machinery when still under narcotics (i.e. Tylenol #3, Vicodin, & Percocet) for pain control.
- Do not douche or put anything in your vagina until your doctor tells you otherwise.
- Spotting or light bleeding is normal. If bleeding becomes heavy, or you become concerned, please contact your doctor.
- Return to normal physical activity gradually after 1-2 days post procedure.

When to call?

Notify your doctor of any concerns:

1. Subjective fever or fever to 100.4F or more
2. Dizziness, fainting episodes
3. Nausea/vomiting
4. Shortness of breath
5. Heavy vaginal bleeding (spotting is normal)
6. Pain with urination, blood in urine or unable to void after 8 hours
7. Swelling, redness or pain in leg
8. Pain not relieved with pain medications

If you are seen at another hospital for problem(s) relating to your surgery, please contact your Doctor's office **408-296-2496** for a follow up appointment. If you get a voice mail, please leave your full name, medical record number, a return phone number, and your question/request.